



**People On Purpose
Episode 2:
Patrick Paul Garlinger**



Patrick Paul Garlinger is a writer on spirituality and human consciousness. He is a former professor of Spanish literature who specialized in gender and queer theory. After teaching as a professor at Northwestern University, he embarked on a career in the law. In 2009, he graduated *magna cum laude* from NYU School of Law and began to practice at a litigation boutique in Manhattan.

In 2010, he experienced a powerful spiritual awakening that led him to his teacher, Mirabai Devi, the renowned international healer, with whom he apprenticed for many years. During that apprenticeship, Patrick's kundalini (a Sanskrit term for the vital force or energy that we all hold within us) was awakened, and he began to channel works of spiritual wisdom.

Patrick has published 3 works of spiritual wisdom, *When Thought Turns to Light: A Practical Guide for Spiritual Transformation*, *Seeds of Light: Channeled Transmissions on the Christ Consciousness* and *Bending Time: The Power to Live in the Now*. His next channeled book, *A World Without Identity: The Sacred Task of Uniting Humanity*, is forthcoming later this year.

He lives in NYC, where he teaches meditation, leads workshops on a variety of spiritual topics, and works with individual clients to heal their inner child and connect with their true self.

Visit www.patrickpaulgarlinger.com