



**People On Purpose
Episode 10:
Michelle Clayton**



Michelle Clayton's story about purpose is a personal one, which has led her on a 'scenic path' of experiences and major milestones. Born in Dallas to an American father and Irish mother, she grew up in a bicultural family, eventually living on two continents. The dual nature of her background felt like the two sides of a coin, fostering her belief that, in order to grow and evolve, we have to recognize the merit in our challenges as much as in our successes, the melancholy as much as the happiness, the yin as much as the yang. This duality became starkly evident to her during a trip to India, where she witnessed the profound richness of community and generosity amidst material poverty.

Michelle reached a significant milestone in the aftermath of her divorce. During a period of depression, she woke up and realized that she was going to rewrite the outline for the second half of her life. As a life-long student, Michelle maintains that the most significant lesson she is learning is that life is not a race. After all, who wants to be the first to the finish line anyway?

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